

**Therapeutic Patient Education in
Atopic Dermatitis
April 8, 2017
Paradise Point Hotel
1404 Vacation Road, San Diego, CA**

Program

12:00p	Pick Up Lunch
12:30 – 12:45p	Introduction – Therapeutic patient education: what are we here to do? Lawrence F. Eichenfield Peter Lio
12:45 – 1:15p	Patient Education: From motivation to efficacy Alain Golay
1:15 – 1:30p	Optimizing AD management: State of the art Lawrence F. Eichenfield
1:30 – 1:50p	Communal Learnings from AD therapeutic education experiences Sebastien Barbarot
1:50 – 2:05p	Alternative and complementary therapies: how should we handle them? Peter Lio
2:05 – 2:30p	Allergy and AD: Food and environmental allergies; allergic contact dermatitis Jonathan Spergel Catalina Matiz
2:30 – 2:45p	Break into Workshops
2:45 – 3:30p	<u>Workshop 1:</u> Building an AD therapeutic education program: Blue print? Recipe? Just do it? Sebastien Barbarot Wynnis Tom <u>Workshop 2:</u> Motivating patients and families: Recognizing the burden and approaches to care and support. Jennifer LeBovidge Sarah Chamlin <u>Workshop 3:</u> Clinical tools for AD programs: what's the best you have? (Handouts, videos, power point presentations, patient support groups, non-MD champions, outcomes measures and others) Jean-François Stalder Albert Yan
3:30 – 4:15p	Repeat workshops
4:15 – 4:30p	Break
4:30 – 4:50p	Atopic dermatitis: What's new? Robert Sidbury
4:50 – 5:00	Conclusion: Have we achieved our goals? Next steps! Lawrence F. Eichenfield Peter Lio
5:00p	Adjourn

This is the first United States conference dedicated to Atopic Dermatitis (AD) Therapeutic Patient Education. Following successes in Europe, Asia and South America, and with the evidence basis for therapeutic education in atopic dermatitis being firmly established, this conference will review the background to therapeutic education in chronic diseases, relate the state-of-the-art approach to teaching patients, families and healthcare providers about AD management, and give an opportunity exchange ideas and best practices on AD educational programs and their adaptation to the U.S. healthcare environment.

Completion of the program will be noted with certification in Atopic Dermatitis Therapeutic Education offered by the Rady Children's/UCSD Eczema and Inflammatory Skin Disease Center.

Registration Fees:

Physician/Health Care Professional (PA, NP, RN, MA) \$100

Non-Physician Personnel (pharmaceutical, industry): \$1,000

Registration form may be found at SDPedsdermconference.com under Quick Links.

Please note that registration for the TPE in Atopic Dermatitis Meeting is distinct from registration for the Pediatric Dermatology for the Practitioner Meeting.

Planning Committee:

Lawrence F. Eichenfield, MD, Chair
Peter Lio, MD, Co-Chair
Christine Cazeau, MD
Catalina Matiz, MD
Jean- François Stalder, MD
Wynnis L. Tom, MD
Albert Yan, MD

Faculty:

Sebastien Barbarot, MD, PhD
Sarah Chamlin, MD
Alain Golay, MD
Jennifer LeBovidge, PhD
Robert Sidbury, MD, MPH
Jonathan Spergel, MD, PhD

Objectives:

- Train health care professionals in the principles involved in therapeutic patient education in relation to chronic disease management in general, and atopic dermatitis in particular
- Review methods of educating patients and families about AD, including in-office/clinic direct teaching, school-based education, media-based education, handout materials for establishing care regimens, and the concepts behind shared decision making
- Become knowledgeable about patient and family perspectives on AD, including fears of medications that influence use
- Be knowledgeable of a sample "core curriculum" in AD for patients and families, as well as other health care professionals
- Be exposed to successful systems of AD therapeutic education in use internationally, and elements of programs that have been utilized
- Discuss and collaborate concerning methods to establish healthcare professional and/or patient family teams to assist with AD care

Lawrence F. Eichenfield, MD, Chair

*Professor of Dermatology & Pediatrics
Chief, Pediatric and Adolescent Dermatology
Vice Chair, Department of Dermatology
Rady Children's Hospital, San Diego
University of California, San Diego School of
Medicine*

Peter Lio, MD, Co-Chair

*Assistant Professor of Clinical Dermatology &
Pediatrics
Northwestern University Feinberg School of
Medicine*

Sebastien Barbarot, MD, PhD

*Assistant Professor of Dermatology and Pediatric
Dermatology
Department of Dermatology
Nantes University Hospital
Nantes, FRANCE*

Christine Cazeau, MD

*Dermatologist
Medical Affairs Director
Pierre Fabre*

Sarah L. Chamlin, MD

*Attending Physician, Dermatology
Professor Pediatrics and Dermatology
Lurie Children's Hospital of Chicago
Northwestern University Feinberg School of
Medicine*

Alain Golay, MD

*Professor of Therapeutic Education in Chronic
Diseases
Chief, Department of Therapeutic Education in
Chronic Diseases
Geneve University Hospital
Geneva, SWITZERLAND*

Jennifer LeBovidge, PhD

*Psychologist, Atopic Dermatitis Center, Boston
Children's Hospital
Assistant Professor in Psychology, Harvard Medical
School*

Catalina Matiz, MD

*Assistant Professor of Dermatology and Pediatrics
Pediatric & Adolescent Dermatology
Rady Children's Hospital, San Diego
University of California, San Diego School of
Medicine*

Jean-François Stalder, MD

*Professor of Dermatology and Pediatric
Dermatology
Department of Dermatology
Nantes University Hospital
Nantes, FRANCE*

Robert Sidbury, MD, MPH

*Professor, Department of Pediatrics
Chief, Division of Dermatology
Seattle Children's Hospital
University of Washington School of Medicine*

Jonathan Spergel, MD

*Professor of Pediatrics
Chief, Allergy Section
Stuart E. Starr Chair of Pediatrics
Director, Center of Pediatric Eosinophilic Disease
Director, FARE Center fo Excellence
Children's Hospital of Philadelphia
Perelman School of Medicine at
University of Pennsylvania*

Wynnis L. Tom, MD

*Associate Professor of Dermatology and Pediatrics
Pediatric & Adolescent Dermatology
Rady Children's Hospital, San Diego
University of California, San Diego School of
Medicine*

Albert Yan, MD

*Chief, Pediatric Dermatology
Children's Hospital of Philadelphia
Professor, Pediatrics and Dermatology
Perelman School of Medicine at the
University of Pennsylvania*